



2013 Report

Hands Up Out of Poverty™ supports equality and advancement for women and girls by assisting communities whose members seek to create opportunities to improve their situation.

The donations you made in 2012 will:

- Support 11 Secondary School girls by paying their school fees. When you educate the girl you educate the village. You have fully funded the second year of a sanitary pad project that will permit 996 girls to attend 10 primary and four secondary schools and fully participate in extracurricular activities, when they are menstruating. You thus support equality of opportunity and self-worth, and ensure that school attendance improves by approximately 15% for these girls. You improve their ability to achieve academic success and help dismantle psychological barriers such that school girls can dream of becoming doctors, educators, business people and better parents. School enrolment, especially for girls, creates increased social stability and strengthens democracy.
- Allow the greenhouse gardening and. Greenhouses, with roof water harvesting tanks in Bondo, Songhor and Muhoroni keep several dozens of women in vegetables year round and permit them to generate some cash income by selling surplus produce. Both of these agricultural initiatives give women food security, some economic independence, and allow them to pay for medicines and school fees.

The four Para-vets continue to blaze a trail among the people they serve. With their professional training, they have acquired a skill set which gives them economic independence, and allows them to act as role models for all girls and young women.

The dairy goat project is headed by Susan Odongo, a certified Para-Vet, who was in the original dairy goat program more than five years ago. It is virtually self sustaining – we supplied some purebred bucks and does. By the end of 2013 there were 300 female farmers in 12 different villages making a living from raising dairy goats. Susan is a key link in efforts at peace building between Lous and Kalenjins. She leads the group of Lou women who are teaching dairy goat milk farming to Kalenjin women. The Lous have gifted the starter stock to their sister Kalenjins.

We thank you for your support and ask that you consider us when giving in 2013. J Neysmith personally covers all overhead costs, so that 100% of every dollar we receive goes to people in sub-Saharan Africa.

Sincerely yours,

